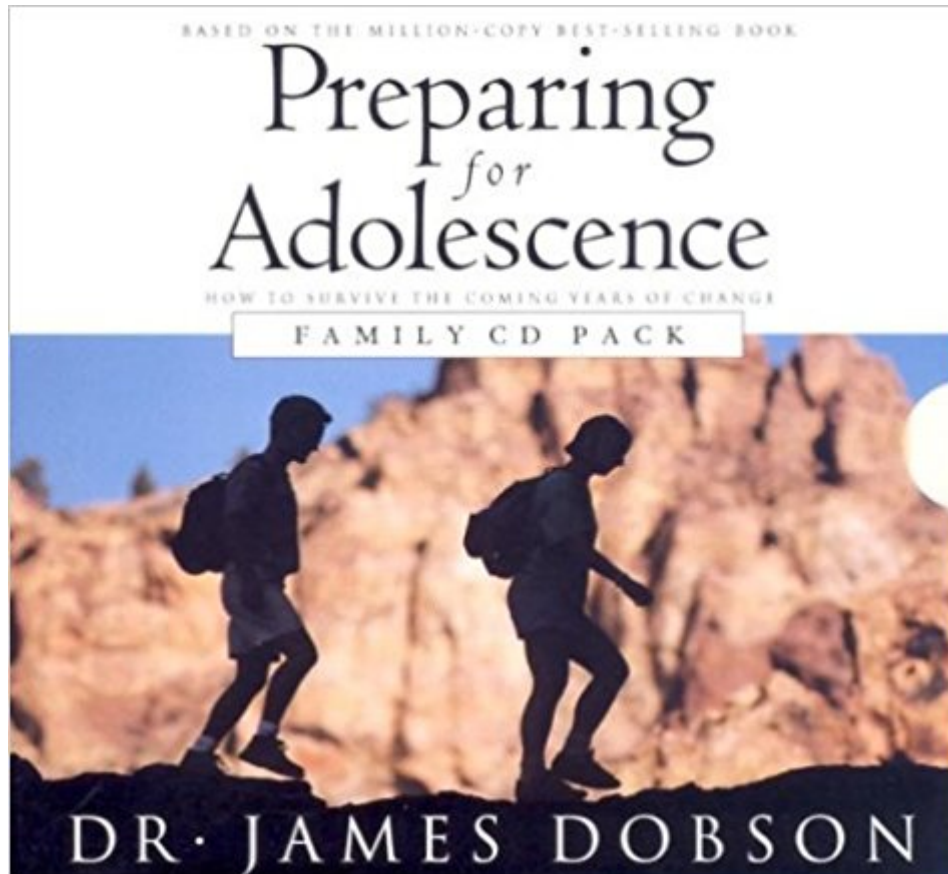




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# Preparing For Adolescence



## Synopsis

This workbook is full of discussion-provoking ideas, self-tests and projects that will help teen make it through the rough years of adolescence. It can be used by teens themselves, by teachers leading class discussions, or by parents who want to know what to say to a child who's getting ready to enter those turbulent teenage years. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Audio CD

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Average Customer Review: 4.3 out of 5 stars 92 customer reviews

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## Customer Reviews

James C. Dobson, Ph.D., is founder and president of Focus on the Family. President Ronald Reagan appointed Dr. Dobson to the National Advisory Committee for Juvenile Justice and Delinquency Prevention, and to the Attorney General's Committee on Pornography. Dr. Dobson is the author of many best-selling books, including *Preparing for Adolescence*, *Emotions: Can You Trust Them?* and *Love for a Lifetime*. He and his wife, Shirley, have two grown children and live in Colorado. --This text refers to an out of print or unavailable edition of this title.

I think that this book is a must have in order to navigate smoothly through puberty. I read it as a family to my 17 yo, 13 yo. and 9 yo. All three children have plenty to discuss. Its recommendations are helping my 13 yo have a much more optimistic attitude and better self esteem. It thoroughly explains why teens can feel inferior and withdraw or become aggressive, and it offers great advice on how to deal with teen emotions and feelings of inferiority and how to gain self confidence. It is very empowering.

I did this study when I was a kid - going into my teen years. I did a study on it with my church and my parents - it was really helpful to me. Now, my own son is ten, and he and I are going over all the material. It is a great way to introduce your teens-to-be to the concepts, challenges, and rewards of growing older. It's more than a discussion about sex - it deals with all the craziness of the teen years. You should have the talk you're your child before someone else does. This book will help you do it in a Biblical and common sense approach. Highly recommend. I know that not everyone agrees with everything that comes from Focus on the Family and Dr. James Dobson; however, this book is pretty straightforward. The most important thing is that YOU guide the conversation with your child. This book serves as a great starting point.

Read this when I was a teen and I wonder if there was something new after all these years. But didn't find other good options. When I reread it over the summer with my 12 year old son, I found the book and message is still relevant! A great book to discuss with your preteen or teen kid.

very helpful

It's James Dobson..... his wisdom, insight, and humor will guide through those turbulent years called the teenage years! Bought this years ago, this is a gift

This book addresses many issues that are coming up now as my daughter is growing up and I've applied some of Dr. Dobson's recommendations with much success! I've been able to talk about some of the issues my 12 year old daughter is now facing with her with greater confidence and ease. I highly recommend this book!

This information does not get old. It is as relevant today as it was when originally written. It has been updated. I've asked my grandchildren to get to page 30 before they decide they 'know it all'.

Although revised, still somewhat dated in references and illustrations used to make Dobson's points, a good, easy-to-read 'instruction book' for both parents and youth. Best read together by parent and child or, if read separately, discussion of each chapter before going on to the next.

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